

Carey Guides and Driver Workbook Sequencing Chart

During This Time Period	Key Steps	Use/Review These Tools During Appointments or Introduce as Take-Home Assignments
During the first appointment	<p>Establish Positive Expectations</p> <p>Build rapport; clarify roles; identify client strengths.</p>	<ul style="list-style-type: none"> • <i>Maximizing Strengths</i>—red Carey Guide • <i>Rewards and Sanctions</i>—red Carey Guide • <i>Responding to Violations</i>—red Carey Guide—if there are concerns about potential violations
Within the first month	<p>Share Initial Assessment Results; Incentivize</p> <p>Seek investment in the change process.</p>	<ul style="list-style-type: none"> • <i>Your Guide to Success</i>—blue Carey Guide • Driver Workbook • Request for Stabilization Services (in <i>Your Guide to Success</i>—blue Carey Guide), if there are stabilization needs
30–60 days after placement	<p>Identify 1–2 Case Plan Goals</p> <p>Identify the most influential criminogenic need.</p>	<ul style="list-style-type: none"> • <i>Your Guide to Success</i>—blue Carey Guide (continued) • <i>Responsivity</i>—red Carey Guide—if there are responsivity issues
Following identification of case plan goals	<p>Write a SMART Case Plan</p> <p>Determine skill deficits related to the driver; write case plan activities to address skill deficits.</p>	<p>Consider using one or more of the following Guides to address case planning needs:</p> <ul style="list-style-type: none"> • <i>Case Planning</i>—red Carey Guide • <i>Co-occurring Disorders</i>—red Carey Guide • <i>Dosage and Intensity</i>—red Carey Guide • <i>Female Offenders</i>—red Carey Guide • <i>Mental Health</i>—red Carey Guide • <i>Motivating Offenders to Change</i>—red Carey Guide • <i>Violence and Lethality</i>—red Carey Guide

During This Time Period	Key Steps	Use/Review These Tools During Appointments or Introduce as Take-Home Assignments
<p>During most appointments after the case plan is initially developed</p>	<p>Teach and Practice Skills to Reduce Risk</p> <p>Teach and practice prosocial skills that address identified skill deficits.</p>	<ul style="list-style-type: none"> • Thought-Feeling-Action Link (in <i>Antisocial Thinking</i>—blue Carey Guide) • <i>Behavioral Techniques</i>—red Carey Guide—if the client does not understand the importance of practicing skills • Consider using one or more of the following Guides to address targeted criminogenic needs as identified through the assessment and Driver Workbook: <ul style="list-style-type: none"> ▪ <i>Anger</i>—blue Carey Guide ▪ <i>Antisocial Associates</i>—blue Carey Guide ▪ <i>Antisocial Thinking</i>—blue Carey Guide ▪ <i>Drug Dealers</i>—red Carey Guide ▪ <i>Emotional Regulation</i>—blue Carey Guide ▪ <i>Empathy</i>—blue Carey Guide ▪ <i>Engaging Prosocial Others</i>—blue Carey Guide ▪ <i>Impaired Driving</i>—red Carey Guide ▪ <i>Interpersonal Skills</i>—blue Carey Guide ▪ <i>Intimate Partner Violence</i>—red Carey Guide ▪ <i>Involving Families</i>—blue Carey Guide ▪ <i>Managing Sex Offenders</i>—red Carey Guide ▪ <i>Mental Health</i>—red Carey Guide ▪ <i>Meth Users</i>—red Carey Guide ▪ <i>Moral Reasoning</i>—blue Carey Guide ▪ <i>Overcoming Family Challenges</i>—blue Carey Guide ▪ <i>Problem Solving</i>—blue Carey Guide ▪ <i>Prosocial Leisure Activities</i>—blue Carey Guide ▪ <i>Substance Abuse</i>—blue Carey Guide
<p>30–60 days prior to discharge</p>	<p>Prepare for Successful Discharge</p> <p>Develop a plan to guard against harmful/illegal activity after discharge.</p>	<p><i>Reentry</i>—red Carey Guide</p>